



Amazon Lily Adventures Presents:
A Daylesford Weekend Retreat

Join us at Australia's Mineral Water Spa Capital, Hepburn Springs, for a weekend of fun, adventure and relaxation!

Ladies, stop putting Everyone and Everything else first -
this Weekend is all about YOU!!!

What You Will Take Home:

A fitter, stronger and more relaxed body and mind

Where and When:

Linga Longa Cosy Cottages, Hepburn Springs

www.lingalonga.com.au

Friday 10 September to Sunday 12 September 2010

Cost: \$360 per person.

Includes: Magnificent Country Cottage style accommodation, Meals - including Saturday Dinner at the famous Old Macaroni Factory and Sunday Brunch at the funky Red Star café, 2 fantastic instructors, half day hike, fun, challenging and relaxing activities.

For Bookings please call Emma 0414 456 365 or email:
info@amazonlily.com.au or www.amazonlily.com.au

